

Post Acute Care (PAC)



Post Acute Care

Some patients require additional help when they are going home from hospital. The Post Acute Care (PAC) team can arrange that care for you at no cost for up to 30 days, starting on the day you go home from hospital. This support will help in your recovery from your hospital stay, and help you to regain your independence at home.

You can take up PAC services any time within two weeks of discharge.

Services Available

Personal Care:

- Bathing / showering / sponging
- Dressing / undressing
- Shopping
- Meal Preparation
- Welfare Check

Start Date: _____ **End Date:** _____

Community Based Nursing Service

- Basic Wound Care on a short-term basis

Start Date: _____ **End Date:** _____

Home Care Services:

- Washing/ironing
- Cleaning bathroom
- Vacuuming/Sweeping /mopping floors
- Changing bed linen

Start Date: _____ **End Date:** _____

In-home Respite:

enables your carer to take a break from their caring role

Start Date: _____ **End Date:** _____

Overnight Respite Care:

this is for Day Surgery patients only

Start Date: _____ **End Date:** _____

PAC CONTACT

 **0488 382 697**

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Email: mbph-pacservices@mbph.org.au

Notes: _____

Service Provider: _____

Contact: _____